



Rovers Return Dog Rescue

Feed Fix Network

Feeding Strays Safely

Please read: no bread for stray dogs

We know you are sharing because you care. When you're sharing what little you have, it means the world to a hungry dog. But bread isn't the ideal choice.

Bread fills the stomach but provides almost no nutrition. It can cause digestive issues, and moldy bread can be dangerous.

KEY ACTIONS

- Skip the bread. It fills the stomach but offers almost no nutrition.
- Offer plain rice, pasta, oatmeal, eggs, or beans instead.
- Fresh, clean water is always vital.

WHY NOT BREAD

Bread fills the stomach but provides almost no nutrition. It can cause digestive issues, and moldy bread can be dangerous.

BETTER ALTERNATIVES IF DOG FOOD ISN'T POSSIBLE

- Plain rice (no sauce, no seasoning).
- Plain pasta (no sauce, no seasoning).
- Oatmeal (plain, cooked with water).
- Eggs (cooked scrambled or boiled).
- Beans or lentils (plain, cooked).
- Rice or pasta mixed with meat scraps, if available.

A little protein mixed with rice or pasta is a big improvement.

FRESH WATER MATTERS

Fresh, clean water is always vital, especially in hot weather. A stray dog can go longer without food than without water.

NEED HELP FEEDING STRAYS?

Message Rovers Return Dog Rescue. We can help with food support, supplies, or basic vetting for community dogs you are caring for.

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501(c)(3) Nonprofit Organization EIN: 93-4980596 www.roversreturndogrescue.org info@roversreturndogrescue.org
(760) 585-5973